



**CONFIDENTIAL PATIENT HISTORY**

*What brings you in today? (present health complaints)*

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How and when did your problems begin? (be as specific as possible)\_\_\_\_\_

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How intense is your pain *today*? minimal mild moderate severe

How intense is your pain *usually*? minimal mild moderate severe

Is your pain/symptoms: increasing decreasing staying the same

How often do you have pain/symptoms: (please circle only one)

Occasional (25% of time)

Intermittent (50% of time)

Frequent (75% of time)

Constant (100% of time)

Please describe the character of your pain/symptoms: (circle all that apply)

Stabbing Sharp Aching Soreness Numbness Weakness Shooting

Tingling Burning Throbbing Stiffness Paralysis Tightness/spasm

Other (explain)\_\_\_\_\_

Have you tried anything to alleviate your symptoms? \_\_\_\_\_

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What types of activities (work or social) aggravate your condition: \_\_\_\_\_

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Are your symptoms affecting any of the following (circle all that apply)

Sleeping Walking Sitting Lifting Driving Standing Running

Working Other(explain)\_\_\_\_\_

Have you seen anyone else for your present complaint(s)? Yes No

If yes, list facility and/or health care provider name: \_\_\_\_\_

If so, what was their diagnosis and treatment? \_\_\_\_\_

Since your symptoms began, have you noticed any changes or problems with the following? (circle all that apply)

Bowel/Bladder Digestion Nausea Vomiting Swallowing Vision Hearing  
Sexual Function Breathing Coughing Weakness Numbness Dizziness  
Smelling Tasting Other(please explain) \_\_\_\_\_

*Lifestyle*

Are you currently taking any prescription medication(s)? Yes No

If yes, what for? \_\_\_\_\_

Names of medication(s): \_\_\_\_\_

Are you currently taking any non-prescription medication (aspirin, Advil, Tums, etc) Yes No If yes, what types? \_\_\_\_\_

Are you taking any nutritional supplements or herbs? Yes No

If yes, what types? \_\_\_\_\_

Do you do any of the following? (please circle all that apply)

Smoke How much? \_\_\_\_\_

Use alcohol How much/often? \_\_\_\_\_

Drink coffee/tea How much/day? \_\_\_\_\_

Drink soda How much/day? \_\_\_\_\_

Drink water How much/day? \_\_\_\_\_

*Medical History*

Please list any past hospitalizations, surgeries, broken bones, accidents/falls, and that date involved. \_\_\_\_\_

\_\_\_\_\_

Who is your Family Doctor/Primary Care Physician? \_\_\_\_\_

What is the name of their facility and the location? \_\_\_\_\_

\_\_\_\_\_

Is there any family history of (circle all that apply):

- |                     |            |          |                       |
|---------------------|------------|----------|-----------------------|
| Arthritis           | Cancer     | Diabetes | Heart Disease/Attacks |
| High Blood Pressure | Depression | Stroke   |                       |

Please list any other health concerns that were not adequately addressed in these forms: \_\_\_\_\_

\_\_\_\_\_

Mark the intensity of your pain today

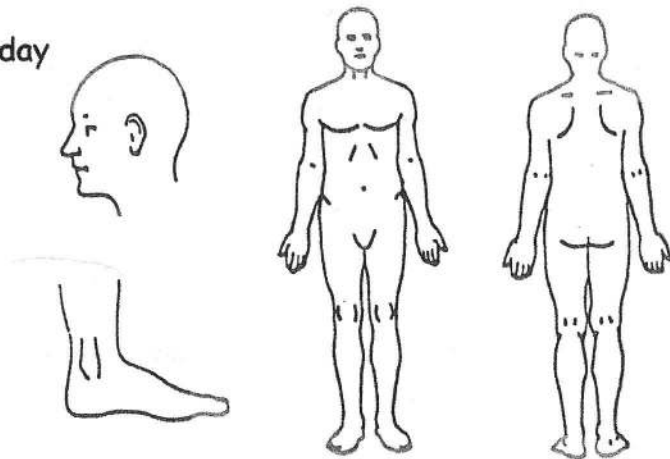
1—no pain 10—intense pain

example \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

1. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

2. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

3. \_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10



Mark area & type of pain on drawing using code below:  
N-Numb P-Pain T-Tingling A-Ache S-Sore S-Stiff

\_\_\_\_\_ Please Do Not Write Below This Line \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## TERMS OF ACCEPTANCE

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal. It is important that each patient understands both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Vertebral Subluxation:** A misalignment of one or more of the 24 vertebrae in the spinal column which causes an alteration of nerve function and interference to the transmission of nerve impulses. This results in a lessening of the body's innate ability to express maximum health potential.

**Adjustment:** An adjustment is the specific application of forces to facilitate the body's correction of vertebral and extremity subluxation. Our chiropractic method of correction is by specific adjustment of the spine and extremities.

**Health:** A state of optimal physical, mental, and social well-being -- not merely absence of dis-ease or infirmity.

We do not offer to diagnose or treat any disease or condition other than subluxations of primarily the vertebrae, and secondly the extremity. However, if during the course of a chiropractic spinal examination we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis, or treatment for those findings, we will recommend that you seek the services of a health care provider that specializes in that arena.

Regardless of what the disease is called, we do not offer to treat it, nor do we offer advice regarding treatment prescribed by others. The ONLY practice objective is to eliminate a major interference to the expression of the body's innate wisdom. The ONLY method is specific adjustments to correct subluxations.

I, \_\_\_\_\_, have read and fully understand the above  
(print name)  
statements.

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction.

I therefore accept chiropractic care on this basis.

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(signature)

(date)